



# Norfolk Public Schools

The cornerstone of a proudly diverse community

Middle School Athletics is set to return for the start of the 2021-2022 school year. A few important changes have occurred. As we prepare please take note of the important changes for the “**Return of Middle School Sports**”.

1. New Season Format /Offerings: Athletic season offerings for all eligible 6<sup>th</sup> – 8<sup>th</sup> graders:

<u>Fall</u> 8/30 – 11/4	<u>Winter 1</u> 10/25 – 12/17	<u>Winter 2</u> 2/1 – 3/11	<u>Spring 1</u> 3/14 – 5/6	<u>Spring 2</u> 5/2 – 6/10
Football	Girls Volleyball	Girls Basketball	Field Hockey	Co-Ed Tennis
Girls Soccer	Boys Volleyball	Boys Basketball	Baseball	
Softball	Wrestling	Sideline Cheer	Girls Track and Field	
Sideline/Competitive Cheerleading	Scholastic Bowl	Forensics	Boys Track and Field	
			Boys Soccer	

2. All eligible 8<sup>th</sup> graders will compete for the Middle School that they attend.
  - a. 8<sup>th</sup> graders who are too old (turn 15 before August 1<sup>st</sup>) for MS sports can participate at their home zoned High School in JV sports.
3. Eligibility:
  - a. Must have a valid Physical that is dated after 5/1/21
    - i. See NPS athletic web site: physical schedule
  - b. Concussion Education:
    - i. This can be viewed on the NPS athletic web site.
    - ii. Concussion Education form must be signed and dated after May 1, 2021.
  - c. Covid-19 Education:
    - i. Covid-19 mitigation plan will updated as we move through the pandemic.
  - d. Academics:
    - i. First time 6<sup>th</sup> graders are eligible to participate
    - ii. 7<sup>th</sup> and 8<sup>th</sup> graders:
      1. Must pass 3 of the 5 courses from the preceding year.
      2. Must have been promoted to their next grade level.

The athletic staff and teams are looking forward to “The Return of Middle School Sports”. We appreciate your diligence and patience during the past school year. Thank you for your continued support of NPS Athletics.